

# MIND CAMP:

MENTAL SKILLS TRAINING FOR ATHLETES



## MEETING TIMES:

One week camp  
Monday-Friday

Morning or afternoon session

Morning: 10-11:30am

Afternoon: 2-3:30pm

## CALL TO REGISTER:

817-854-3201 ex 703

## LOCATION :

Hidden Lakes Counseling,  
1664 Keller Parkway Suite 101, Keller  
TX 76248

## CAMP WEEKS :

June 28-July 2,

July 5-9,

July 19-23,

July 26-30,

Aug 2-6,

Aug 9-13

Cost for full week: \$200